

Salem Quarter News

Winter 2018



*I know the thoughts
that I think toward you,
says the Lord,
thoughts of peace and not of evil,
to give you a future and a hope.*

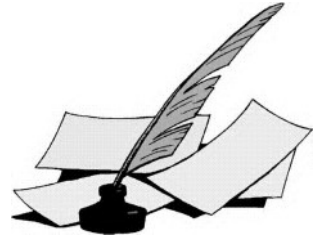
This is the word of the Lord God to you all, a charge to you all in the presence of the living God; be patterns, be examples in all countries, places, islands, nations, wherever you come; that your life and conduct may preach among all sorts of people, and to them. Then you will come to walk cheerfully over the world, answering that of God in every one; whereby in them ye may be a blessing, and make the witness of God in them to bless you: then to the Lord God you shall be a sweet savour, and a blessing.

George Fox

Cover Picture, Sunrise at Um Al Kair, Mike Ayars

Quote: Jeremiah 29:11. NKJV

Something We Can Agree On
Barry Sloane,
clerk of quarter



In these divisive times, there continue to be those who want to “Keep the Christ in Christmas.” I don’t disagree with that, as I was raised Catholic and still have a healthy respect for the very powerful story of Jesus. Even though my family and I celebrate Christmas, I have a hard time saying “Merry Christmas” to people whose religion and beliefs I don’t know. The reason is that people who celebrate Hanukkah, Eid al-fitr, Diwali, Kwanzaa, Winter Solstice, and Chinese New Years, have holidays that are as important as mine.

I am hard put to name one culture that doesn’t celebrate at this time of year. All the celebrations involve light and/or fireworks, giving, and sharing festive meals together. All of these are communal celebrations of hope and renewal.

That word, “hope” is a special one. Hope is not the same as optimism. Hope is different from optimism in that optimism depends on feelings rather than actual reality. We feel optimistic or we feel pessimistic. Hope is different because it is based in unshakable faith; not an ephemeral feeling. There can never be a situation that is completely hopeless. Hope is different, deeper and very close to unshakable. Hope is that faith in your gut, that no matter what, we can, and will, go doggedly on.

Hope is also based in love and in our communities, not just the tangible community of our families and friends, but in the larger one of our collective long-term memories. People like Gandhi, Martin Luther King, Mother Teresa and countless others, comprise that larger community. In choosing hope over despair, we step firmly forward into the storm knowing full well that the storm will pass.

Hope and its close friend, love, hold us together and make us better individually and together. At this time of the year, we all have that hope in the renewal of the light, the earth, and our lives.

Each and every one of these holidays are firmly rooted in hope and love. That commonality is shared by all of humanity. It is what we know and what we can agree on, no matter how we celebrate it or what we call it.

We need to remember that we all share hope, especially now when our so-called leaders are fomenting racism, divisiveness and hate, or just as bad, standing by, and tolerating it. Let us stand as one in the returning light!

As an aside, the new Clerk of the Quarter is Dietrich Preston. The right person came forward to fill this position. Please join me in wishing him the very best. Thank you for your support during my time as clerk. It has been a joy and honor to serve you. This time I mean it; no more lagniappes! ☺

Apology

The article in the last Salem Quarter News about the program at September Quarterly Meeting was full of errors. It was put together at the last minute with the idea that it needed to be proofread before the final copy was sent to the printer. The proofreading never happened. That article never went out to the proof readers, so don't blame them. Because the article was dictated instead of typed, many errors were introduced. My apologies to our readers.

Tom

Salem Quarterly Meeting Minutes

12/10/2017

Salem Quarterly Meeting met 12/10/2017 at Woodbury Meeting-house. Out of worship, clerk Barry Sloane (Mickleton) convened the meeting, welcomed Friends and visitors, and expressed our gratitude to Woodbury Friends for their gracious hospitality and to Mickleton and Mullica Hill for desserts. There was a Friendly presence for business of eighteen representing six of the seven monthly meetings in the Quarter.

Minutes of the last Quarterly Meeting on 9/10/2017 were approved as they appeared in the Salem Quarter News.

Mike Ayars (Woodstown) reported from the Friends Village Board of Trustees. Dan Murray, CEO has resigned and relocated for personal reasons. The Board is currently conducting the search for a replacement. There is an interim CEO in place.

On behalf of the Steering Committee, Paul Somers (Greenwich) noted that the work of the Steering Committee is what Friends see actively at quarterly meetings. Jared Valdez (Mickleton) reported that the e-bulletin continues to be popular; the SJ Quakers video series and the podcast are receiving positive attention as well. Our electronic presence has a much greater reach than we might imagine.

The Nominating Committee met on October 21st at the home of Peggy Warner (Mullica Hill). Gail Scuderi (Woodstown) was named as the new clerk of the committee. The committee is pleased to bring to the Quarter for approval the names of Dietrich Preston (Woodbury) as Quarter Clerk and Jack Mahon (Woodstown) as Treasurer, terms to begin as soon as possible, then resume the regular term in March 2018. The regular Nominating Committee recommendations will be reported in March as is the usual custom.

Friends minuted their appreciation for Peggy Warner for her service to the Quarter as Nominating Committee clerk for the last twenty years.

Friends gratefully accepted the Nominating Committee recommendations and approved Dietrich Preston (Woodbury) as Quarter Clerk and Jack Mahon (Woodstown) as Treasurer, terms to begin as soon as possible, and resume the regular term in March 2018.

The Finance Committee report was submitted by Michael Shapiro

(Salem). Since the last quarterly meeting covenant payments were received from Greenwich, Seaville, Mickleton, and Mullica Hill totaling \$1,710. An insurance dividend was received for \$113.

Expenses in total since 9/10/2017 are \$975. Included are: Carpenter Tree Service for Lower Alloways Creek, mowing, etc.; List Masters for newsletters; and David Testa for quarterly meeting child care.

The Lower Alloways Creek Preservation Reserve has received additional contributions: one in memory of Torrey Reade and one honoring Mary Waddington's 80th birthday. The next payment of \$1,907 has been made to the Heritage Design Collaboration.

Sandra Boone Murphy (Mickleton) reported from Continuing Sessions. The PYM Multicultural Audit Steering Committee has been created by Continuing Sessions to identify an organization for the purpose of conducting an audit of the inclusivity of multicultural persons within the structure and the outreach at Philadelphia Yearly Meeting. They intend to report at the next gathering of Continuing Sessions on 3/24/2018.

Dietrich Preston (Woodbury) announced that the Tri-Quarter Gathering was a tremendous success.

On behalf of the committee, Sandra Boone Murphy (Mickleton), submitted a written report from the Indian Affairs Committee. The report highlighted the last committee meeting and the ongoing work of the committee including the developing relationship between the tribal youth and Young Friends; the continuing investigation into potentially racist NJ high school mascots; Nature Resource protection; and the Education on the Road activities. (*See report p. 11*)

Friends noted the dedication and commitment of Sandy Boone for her gifts of faithful service to the Indian Affairs Committee.

The Worship & Ministry Committee gathered on Friday evening at the home of Michael & Rebecca Shapiro (Salem). We affirmed our interest in scheduling a Fall 2018 series with Marcelle Martin based on her book, *Our Life is Love: A Quaker Spiritual Journey*. We noted our continuing support of prison ministry with the Southern State Worship Group under the care of Tom Etherington (Mullica Hill) and Bill Geary (Mullica Hill). For many years Mary Waddington (Salem) has served as the spiritual advisor for an inmate in the Pennsylvania Prison System, Roger Buehl. Over the years he has transferred from one facility to another. The most recent transfer has resulted in the need for a recertifica-

tion of credentials for Mary. In support of Mary's calling, the Worship & Ministry Committee offers the following minute for consideration by the Quarter.

Mary Waddington, a lifelong member in good standing of Salem Monthly Meeting of the Religious Society of Friends, has been led to serve as spiritual advisor to Roger Buehl for over twenty years. Mary's experience as an elder and weighty Friend make her well-suited for this role. She has served on many committees for the monthly, quarterly and yearly meetings including Worship & Ministry Committees for Salem Monthly Meeting and Salem Quarterly Meeting. Her dedication and commitment to prison ministry is well established. Salem Quarterly Meeting reaffirms our support of Mary Waddington in her capacity as spiritual advisor to Roger Buehl.

Christine Cameron and Mendana Gayner, both of Salem Monthly Meeting have expressed a willingness to assist Mary in providing an opportunity for corporate worship with Roger as may be permitted. We acknowledge that they are both members in good standing with experience in worship and ministry and have our support.

Jared Valdez (Mickleton) presented an update from Matt Bradley, Head of School at Friends School Mullica Hill. The theme at the school this year is Trees. They have two events at the school this week, a concert on Tuesday and a drama presentation on Friday.

Following several announcements, meeting closed in worship.

Rebecca Shapiro, recording clerk

Christian Peacemaker Team in Palestine

By Mike Ayars, Woodstown Meeting

In August 2017, I was a member of an international Christian Peacemaker delegation that traveled to Jerusalem and the West Bank. We were a presence for peace in an environment that is anything but peaceful. I wanted to see the situation for the Palestinians for myself, and bring back my impressions.

Amy Yoder McLoughlin led a well-organized itinerary. Amy grew up in Quinton and is my cousin. As a teen, Amy participated in Woodstown's Peace Vigils. She is now the pastor of the Germantown Mennonite Church in Philadelphia. She convinced me that this was something I needed to do, and I'm glad she did.

We were a group of 13: mostly American, with one Canadian, and two from the UK. Our age range was 20-76. Most were Mennonites, and there were 3 Quakers.

The first half of our time there we were based at a hostel in the Arab quarter of Old City in East Jerusalem. The delegation began gently as we became used to the heat. As we became busier we had a very full itinerary, visiting with many organizations and communities, including Sabeel, AFSC, and many others. We then moved to a hostel in Bethlehem, where we visited the Aida refugee camp and several other organizations.

We then moved to Hebron, the largest city in the West Bank. We stayed in a hostel that was part of the Christian Peacemaker Team (CPT) quarters. We were able to visit the Ibrahimi Mosque, which contains the Tomb of the Patriarchs, a UNESCO Palestinian World Heritage site. We visited several places in Hebron, and traveled to several Bedouin villages that are under demolition orders. We met with a number of groups working for peace. We shopped in the markets for delicious fresh fruits and vegetables we used to make dinner every night.

Several of us who had arrived in Israel early were able to visit several Palestinian schools built by the Hebron International Resource Network and led by a charismatic UN official, Hamed Qawasmeh. Later, the night before the first day of school, Israel demolished 4 of these schools. Their logic was that these schools were built without permits, but the Israeli government seldom, if ever, grants building permits to Palestinians. It was a sad day for the villages and the international community that financed and built these schools, but especially for the kids who showed up to a school that was there yesterday, but not today.

Every person and community we visited was different, but certain traits linked them all: hospitality, openness and *sumud* (steadfast perse-

verance). Everywhere we went, security and oppression continually curbed freedom and dissent. It was particularly apparent in Hebron, our location for the second week, where Palestinians are constantly monitored by soldiers from the rooftops as well as by many street patrols and at checkpoints. We visited Palestinian homes and heard difficult stories about the reality of life under occupation.

In Hebron, several of our younger delegation members were caught in a “flying checkpoint” set up by the soldiers to arrest three young Palestinian boys for throwing stones. They had 2 of the boys in custody but were searching for the 3rd. Our delegation members were prevented from getting back to the CPT building. They called in for help, and it took quite a while to get them back, working around the checkpoints. They were pretty shaken up, having stared down the barrel of an M-16, and then being affected by tear gas used by the soldiers. This is a daily experience for Palestinians.

The Separation Wall (which many Palestinians call the Apartheid Wall), barriers and checkpoints seem to be there, not for security, but to control and make the lives of the Palestinian people as difficult as possible so that they no longer want to live there. The apartheid state is everywhere: providing Israeli settlers with privilege and protection by the Israeli military, whereas the Palestinians are subjected to conscious cruelty, control and victimization.

We accompanied the CPT team on checkpoint monitoring, as children pass through to make their way to school each morning, often having their school backpacks searched. We assisted with mosque watch, counting people as they go to the mosque for Friday prayers, observing as Palestinians are subjected to dehumanizing, aggressive bag and body searches. The team aims to witness and document as much as possible in CPT’s role as international observer.

There is nothing normal about the level of control inflicted upon the Palestinians, nor is there anything normal in the international indifference towards that suffering. We need more support for Christian Peacemaker Teams and other peacemaking groups who try to make a difference there.

The days were long, very hot and exhausting, but we always had an end of day body, mind and soul check-in, and we took turns with a closing reflection. We volunteered for daily tasks; note-taking, photography, cooking, and group care.

The military occupation of East Jerusalem and the West Bank makes it difficult to make sense of the dehumanizing, oppressive regime that people are subjected to.

I am very fortunate to have been able to be part of this delegation, thanks to grants from Woodstown, Salem, and Salem Quarterly Meet-

ings, and PYM's Travel and Witness Granting Group that made this trip possible.

Mike Ayars

With excerpts from Louise McGechaen's blog (UK delegation member)



School kids at a checkpoint in Hebron

Salem Quarter Indian Affairs Committee

12/10/2017

This committee last met in November, at Woodstown Friends Meeting; our business began with an acknowledgement of the land, the ancient-present day homeland of the Lenape Nations of Lenapehoking.

In a manner of preserving tribal relations, Tribal leadership's invitation is met with Friends diligent participation in gatherings and fellowship. Newly attending the Nanticoke-Lenape Fall Gathering at the Cohanzick Tribal Grounds was Julia Carrigan (MIC), clerk of Young Friends Planning Committee; introductions were made between tribal citizens, including (pictured) Principal Chief Quiet Hawk; Spiritual Chief Gray Squirrel; two Red Blanket Drummers-Uri Ridgeway and Will Mosley; and Allie Mosley, current reigning Princess.



As a bridge between YF and Native Youth, after hearing approval from Tribal leaders and appropriate PYM processes, invitation was extended to tribal youth to attend the YF Winter Retreat, set for Mickleton Friends Meeting at the end of the month. This

outreach was also extended to the Lenape Tribe of DE during the Dover HS Powwow. In addition, Friends were in attendance for the St. John United Methodist Church's dedication as an historic Native American Church. Chief spoke of the positive historic relationship between his People and the Quakers of South Jersey, acknowledging Salem Quarter Friends and the wider community. The dedication included reflective resilience, traditional drumming, dancing, a shared meal and fellowship.

We have been told that, too often, when American Indian Culture is presented, it is as though it belongs only to the remote past...Too often, our people are spoken of as though we no longer exist in New Jersey and the surrounding states...Too often, others have spoken about us, but without regard to us... For too long, our voices have not been heard. These words hold us accountable to the historic truths, such as the attended talk by Arla Patch (Doylestown MM) titled BUILDING GREATER UNDERSTANDING ABOUT NATIVE AMERICAN HISTORY: Sharing Truth...Expanding Knowledge...Creating Awareness.

While promoting Native American human rights we continue to investigate NJ high school potentially racist mascots, prompting discernment toward potential dialogue. The National Congress of American Indians (NCAI) provides much insight in their campaign to end Indian Mascots – www.ncai.org/proudtobe.

Toward protecting natural resources, Friends attended a Johns Hopkins Center for American Indian Health symposium, Water Is Life: Native American Leaders at the Forefront. The speakers were Tom Goldtooth, Tara Huska, Chase Iron Eyes, and Kaylena Bray. The symposium is segmented in 4 parts, available on youtube – https://www.youtube.com/channel/UC4P2l7P9vge2UFEZrI7gMJA?view_as=subscriber.



St. John United Methodist Church (Fordville) designated an Historic Native American Church

Education “On the Road” continued at Tri-Quarter and Community Awareness Day (MIC). A talk, Beyond the Edge of the Water, was given at Medford Friends Meeting, where discussion included tribal sovereignty, environmental health, and historic relations. Invitations are being received for talks which are paired with seekers' growing edges, as well as film screenings (Doctrine of Discovery), and Toward Right Relationship workshops. A Friend's Formal, Public Proclamation is available for release which includes invitation for additional signatories.

Our next set meeting will be at Mickleton Friends Meeting, 2:00 PM – 4:00 PM, February 21, 2018.

Respectfully submitted,
Sandra Boone Murphy, SQ IAC clerk

FORMAL PUBLIC PROCLAMATION

Seeking Redemption of the Creator
Acknowledging Divisiveness and Duties
Toward Mutual Healing and Loving Relations
With My Relations of the Nanticoke-Lenape Tribal Nation

WHEREAS, in seeking redemption of the Creator, this neighbor and friend, Sandra Boone Murphy, does hereby commit to redressing the acts of domination, divisiveness, disregard, and dismissiveness toward the Lenape Peoples, the perpetual hosts of Lenapehoking, whose families' members in community have remained, "keepers of the land," today self-ascribing as the Nanticoke Lenni-Lenape Tribal Nation citizens and relations.

WHEREAS, in 1672, George Fox, founding "father" of the Religious Society of Friends, after traveling from England to this land, espoused the kindness of the Lenape Peoples;

WHEREAS, in 1675, Friend John Fenwick and faithful Friends disembarked the *Griffin* with the intention to settle and colonize parts of Scheyichbi, having treated with Lenape sachems;

WHEREAS, in the sacred place, under the boughs of The Salem Oak, Lenape Chiefs and Friends mutually expressed intentions of friendship and peace, with hearts bound as one;

WHEREAS, Lenape sachems granted Fenwick 3 land deeds by Spring of 1676;

WHEREAS, land acquisition and use, from Oldmans Creek to Morris River, and throughout Lenapehoking, experienced ongoing shifts of desires, needs, and resource management;

WHEREAS, over time, pre-colonial relations faded among Lenape and Friends communities;

WHEREAS, without provocation Lenape Peoples have endured ongoing atrocities;

WHEREAS, The Treaty of Easton (1758) required Indians to leave the east coast;

WHEREAS, the Proclamation line of 1763 designated colonial development of lands east of the Appalachian Mountains;

WHEREAS, settler expropriation movements, i.e. Brotherton Reservation (1758 - 1801,) slighted political sovereignty of Lenape People;

WHEREAS, Native Peoples have experienced forced removals of their children into Indian Boarding Schools, causative to cultural genocide and intergenerational trauma;

WHEREAS, the homeland has been defended in unity with US armed forces, yet Native Peoples' "citizenship" (along with owning of land) was provisional, until 1924;

WHEREAS, Native Peoples' religious ceremonies and freedoms have been denied, until 1978;

WHEREAS, the settlers, turned colonists, turned US citizens may have adopted ill practices:

- a lack of capacity to lovingly embrace a culture different from one's own;
- a mindset of self-centric resiliency while seeking Shalom; Salem;
- a relative casting aside of relations back "home" while pursuing "discoveries" afar;

- a disregard for Native Peoples' cultures – language, ceremony, and spiritual practices - while seeking one's own religious freedom;
- an omission of sacred teachings of Mother Earth - that of God of *everything*;
- a lack of awareness of this land's interdependence, the natural law and order;
- a vision of harmony and balance which entered into a slumber;
- an unknowing of the overwhelming floodgate in the number of fellow seekers, immigrants who continue to arrive;
- a vision of independence aside from duties of love, friendship, integrity, and peace;
- a fading awareness of our hosts, while Western European lifeways formed policies;
- a communicative ease found among centric European “romance” languages;
- a spiritual slumber promoting disunity, while waiting upon spirit for guidance;
- an idol acceptance of dominant, exclusive, even genocidal political practices;
- an embrace of culturally zealous financial vestments bathed in manifest destiny;
- an acceptance of compromised Truths;
- legislative acts caused waves of diaspora imposed upon Lenape Nations' Peoples;

- multiple, cyclical outbreaks of “foreign” diseases, devastating the population;
- domination, in both religious and civil relations;
- assimilation policies and law, driving predominant ways of learning and living that disregard Lenape life-ways and knowledge systems;
- divisiveness within the Religious Society of Friends’ community, distracting faithful acts;
- adopting quiet relations, holding secrecy close, becoming distant, then dismissive;

WHEREAS, Lenape Peoples are faithful, strong, loving, peaceful, resourceful, and resilient;

WHEREAS, contemporary, local Lenape leadership self-identifies as the Nanticoke Lenni-Lenape Tribal Nation;

WHEREAS, the Nanticoke-Lenape Tribal Nation engages in historic truth-telling, out of hiding;

WHEREAS, Tribal Council welcomes this Friend into non-public “extended family” relations;

WHEREAS, the release of our spirit given gifts are meant to build Beloved Community;

WHEREAS, cultural arts and diversity has origins of spirit-led breaths;

WHEREAS, this friend, neighbour, of extended family is called to release T(t)ruths, gifts, and joys into community;

WHEREAS, my peace, this homeland, flows of “felt experience” and oral history;

WHEREAS, my inherent responsibilities are nurtured by

that which raises me up, Scheyichbi;

WHEREAS, my spirit reveals the duty to honor relations, all that is sacred;

WHEREAS, my stewardship of resources includes all that the Creator provides;

WHEREAS, my small measures of goodness are guided by voice of Lenape leadership;

WHEREAS, my “heart-in-hand” is bound to the well-being and prosperity of each Tribal citizen and the collective Tribal Nation, honoring the cultural lifeway of hospitality;

WHEREAS, my allyship with the Nanticoke-Lenape Nation is lifelong, faith and practice, word and deed, as guided by the still small voice within;

WHEREAS, I recognize past deficient loving relations;

WHEREAS, I will tender each revelation; changing but myself;

WHEREAS, I will be in companionship with Tribal sovereignty and cultural preservation;

WHEREAS, I will be in companionship with Nanticoke-Lenape Tribal Nation citizens;

WHEREAS, I find no reason to wait any longer;

WHEREAS, way has been opened for these words, long overdue;

WHEREAS, the original sacred Oak bestows leaves of healing, and saplings for perpetuity;

WHEREAS, these acknowledgments are found to be true and genuine; with the grace of Nanticoke-Lenape leader-

ship and approval, let us be united in friendship and peace.

Now, THEREFORE BE IT RESOLVED, onward from this new dawn, 10th day Twelfth month, 2017, with loving relations toward mutual healing and sovereignty, spirit calls upon this peacemaker, to initiate a most sincere, unconditional, formal, public proclamation to the Lenape People of the ancient homeland known as Lenapehoking, that for any and all broken relations lending to unfriendly, unloving, unpeaceful acts thrust upon the Lenape Nations Peoples contributing to adverse impacts (physically, emotionally, mentally, and spiritually,) given renewed faith and practice as we transparently, journey together, in friendship and peace, meeting regret with acts of redress, may the Nanticoke Lenni-Lenape Tribal Nation forgive the spiritual slumber of my ancestors, my elders and me, as I continue to lovingly accost schismatic truths.

MAY IT BE FURTHER RESOLVED, that should merely one piece of this proclamation merit acknowledgement of truth-telling, disclosing historic to present-day “settler” practices, policies, laws, and/ or governance from predominant cultural ways which perpetuate harm upon inherent human rights, contributing to the harsh struggles, dis-ease, oppressions, diaspora, denials, economic hardship, stereotypes, myths, misappropriations, and/ or inter-generational trauma, stemming from spiritual darkness that compounded previous voids in relationship building, know that my little light will ally, faithfully to recognize inherent human rights and lift the whole of this proclamation to the Creator and non-native governance.

MAY IT FURTHER BE RESOLVED, that this Friend is

called to affirm the Nanticoke Lenape Peoples sovereignty - self-propagation of Tribal governance, community knowledge, lifeways and initiatives - toward cultural retention and preservation, including, yet not limited to, manner of worship, sacred relations, language, heritage, ways of teaching and learning, ceremonies, chants, songs, music, dance, crafts, art, health and sustainability, in the spirit of earlier Lenape words gifted in peace, reflecting immemorial blessings and peaceful intentions,

“As long as the sun shines and the rivers run, we shall bind our hearts to yours.”

IN WITNESS WHEREOF, I set my heart and hand; as way opens, let it be so, na ne lekech.

Sandra Boone Murphy,
a.k.a. Sandy Boone O'Scheyichbi
Member of the Religious Society of Friends of Truth
Mickleton Friends Meeting
Salem Quarter
Philadelphia Yearly Meeting

founding member, [Salem Quarter Indian Affairs Committee](#)

founding member, PYM [First Contact Reconciliation Collaborative](#)

Invitation of Personal Engagement

I encourage fellow Friends and community members

who find unity in this *FORMAL PUBLIC PROCLAMATION*
to affirm your witness by considering the following actions:

a) sign the [Friend speaks my mind](#) - toward developing
Beloved Community and corporate witness;

or

b) personally craft and deliver, without co-opting this work,
your own unique, sincere, apology to the Indigenous Peo-
ple where you reside or call "home."



Wampum Belt



Oak Tree Seedlings

Sleeping with your Spouse

George A. Crispin

Being an older man, having many younger unmarried friends, and having been married for over two decades, I am often asked, “What is the best part about being married?” I respond, “Sleeping with one’s spouse.”

When sleeping alone one hears noises in the night. They are often discordant noises that disturb one’s sleep. There is that branch that scrapes across the window, that with a little imagination seems like someone is trying to break into the house. Then there is the creaking of the floor boards that sounds like an intruder is walking around, but is the house merely settling under its foundation. There are noises in the night that when sleeping alone can be alarming.

But, when sleeping with one’s spouse, there are other, more comforting, sounds that one hears. There is the sound of one’s spouse breathing, the rhythmic, regular sound, that reassures one by knowing that a loved-one is next to you. During the night your spouse moves, sometimes ever so slightly, another familiar reassurance. The difference between sleeping with a spouse you love and sleeping alone can be very significant in many ways. What is the best part of marriage they ask? Sleeping with your spouse, so that the sounds in the night are comforting and your sleep gives you the deepest sense of rest.

Salem Quarter News is the official publication of **Salem Quarterly Meeting** of the Religious Society of Friends (Quakers) and appears four times a year. Send contributions, comments, questions to Tom Etherington, editor, at etherington.t@gmail.com.

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Information for Visiting

(see also www.salemquarter.net)

Greenwich: First Day (Sunday) Meeting for Worship: 9:30 am – 10:15 am (Oct 1 to June 30 at Upper Meeting House and July 1 to Sept 30 at the Lower Meeting House.) First Day School for Children: 10:00 am. First 15 minutes are spent with the Meeting for Worship, except the First First Day of each month when Meeting for Business is held at rise of meeting.

Mickleton: 413 Kings Highway, PO Box 231, Mickleton, N.J. 08056 856-423-3782; mickletonmeeting.org ; Worship 10:00 am, children's First-day School 10:15

Mullica Hill: 2 Woodstown Road (Route 45 just south of Route 77), P.O. Box 67, Mullica Hill, N.J. 08062; 856- 478-2184; mullicahillfriends.org ; Worship 9:45 After-words and general fellowship 10:45, Meeting for Learning 11:15

Salem: East Broadway at Walnut Street, P.O. Box 7, Salem, N.J. 08079; Worship 10:30; First Day School 9:15 am Sept.-May

Seaville: 3088 South Shore Road (Rte. 9, 1 mile S. of Rte. 50), Ocean View, N.J. 08230; 609-624-1165; seavillequaker.tripod.com ; Worship 10:00 am **Beach meetings** from Memorial Day to Labor Day weather permitting **In Cape May** Windsor Ave and the water, 9:00 am Sundays, **in Ocean City**, 23rd St. and the beach, 8:30 AM Sundays

Southern State Worship Group: Call Roshan Dinshah for info 856-694-3025

Woodbury: 124 North Broad Street, Woodbury, N.J. 08096; 856 -845-5080; http://www.pym.org/pym_mms/woodburynj_salq/.php www.meetup.com/Woodbury-Friends_Meeting First-day School 10:00 am, worship 11:15 am

Woodstown, 104 North Main St., P.O. Box 13, Woodstown, N.J. 08098; 856-478-4618 <http://www.woodstownfriends.org> ; First-day School 9:15 am Worship 10:30 am

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Salem Quarterly Meeting
March 11, 2018
Salem Meeting House

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