TRI-QUARTER GATHERING OF FRIENDS 2017

Sept. 29 - Oct. 1, 2017 <> Camp Ockanickon, Medford, NJ



All the People ~ Living Life in Peace

In his heartfelt song, **Imagine**, John Lennon inspired people around the world to reflect on our oneness of spirit, and to making the world a better place.

Please join Friends of all ages and Kindred Spirits from the

Philadelphia Yearly Meeting and Delaware area

for this awesome, inspiring weekend of

creative fun activities for all ages,

meaningful, action oriented workshops,

serene moments of reading and reflection,

and spiritual renewal and rejuvenation

-- all related to this vital theme.

Art Show hosted by the Fellowship of Quakers in the Arts [FQA]

Friends and Kindred Spirits are encouraged to bring their artwork of all types ... to share and sell! [Artistically displayed in the Art Center]

On Site Host: Doris Palone

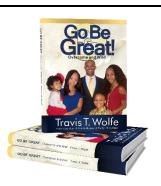




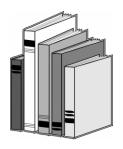


Special Guest Speaker: Travis Wolfe [Workshop #2, 10 - 12 AM on Sat]

Friends and Kindred Spirits who attend and participate in this special workshop will be inspired to overcome and let go life's negative experiences; and, thereupon, will become empowered to transform their personal energy into personal endeavors to make this world a much better place.



of



PYM Library

Thanks to: Rita Varley

Friends of all ages may peruse the inspiring books at camp, or check them out to take home.



Art & Game Center

Thanks to: Meed Barnett

Friends of all ages may enjoy creating art, solving puzzles, and playing various games.

Note: All minors must have a designated adult supervising.



Indian Affairs Display

Thanks to: Sandra Boone Murphy

Friends of all ages may learn of the loving relations between the Nanticoke Lenni-Lenape Tribal Nation and the Salem Quarter Indian Affairs Committee rooted in Fenwick's arrival in 1675.

TRI-QUARTER GATHERING 2017 <> WEEKEND SCHEDULE

Friday:

5:00 > - Registration/ Check In [@ Dining Hall]

6:00 - 7:15- **Dinner Buffet** [All meals have vegetarian options, and salad/ fruit bar]

7:15 - 8:30- Intergenerational Games w/Tim and Luke Mammel [An Icebreaker/ Mixer]

8:30 - 9:00- Hayride under the Stars [from Dining Hall]

8:30 - 10:00- Bonfire and Sing-Along to Guitar w/Bob and Meed Barnett

9:15 - 10:45- Guided Stargazing @ Observatory led by Astronomer Bernie

10:00 - 11:30- Teen Social [High Schoolers @ Pomona Lodge] // Young Adult Social [TBD]



Saturday:

8:00 - 9:00- Yoga for Every Body w/ Mimi Scalia

8:15 - 8:45- **Meeting for Worship** [@ Chapel by the Lake]

8:45 – 9:45 - Breakfast Buffet [@ Dining Hall]

10:00 - 12:00- AM Workshops [choose 1 from $#1 \rightarrow #4$]

12:15 - 1:15 - Lunch Buffet

1:30 - 3:30- PM Workshops [choose 1 from $\mathbb{A} \to \mathbb{C}$]

1:30 - 6:00- Canoeing

3:30 - 5:00- Art Show w/ FQA [@ Art Building]

6:15-7:15- **Dinner Buffet** [@ Dining Hall]

7:00 - 8:00- Art Show w/ FQA [@ Art Building]

7:15 - 9:45- Round/ Square Dancing w/ Live Band: John's Gang + Guest Caller

8:30 - 9:00- Ice Cream Social w/ Teen & Young Adult Hosts

9:00 - 9:45- Hayride under the Stars

- Teen Social [High Schoolers @ Pomona Lodge] // Young Adult Social [TBD] 9:45 - 11:30





Sunday:

9:00 - 10:00- Breakfast Buffet [@ Dining Hall]

10:00 - 11:30- Adult First Day School w/ Speakers TBA [@ Chapel by the Lake]

10:00 - 12:10- Children's First Day School [Adults walk children to chapel for end of worship]

- Meeting for Worship [@ Chapel by the Lake] 11:30 - 12:30

12:30 - 1:30- Lunch Buffet [@ Dining Hall]

- Art Show w/ FQA [@ Art Building] 1:00-2:30

- Canoeing / Clean up sleeping space ======= → 4:00 - Departure [Come again in 2018!] 1:30 - 4:00







A Tri-Quarter Gathering 2017 @ Camp Ockanickon



Rustic Serene Setting Cozy Comfortable Camping Close Proximity to Home

Camp Ockanickon provides a wheelchair friendly setting with wooden walkways throughout camp, and it offers choices for your sleeping accommodations. For those who relish the great outdoors, it offers clusters of cabins, with one family to a cabin. Each cabin has a wooden floor, wooden walls with screened windows (with fasten down tent flaps), a wooden roof, and eight built in bunks with plastic mats. Nearby, there are regular indoor bathrooms with hot showers in small buildings; however, the cabins are not heated and most do not have electricity. [The cabins with electricity are reserved for Friends with special needs.] For those who prefer indoor sleeping quarters, the camp provides three lodges, each with heat, light, electricity, bathrooms with showers, and built in bunks with mats: (1) Douglas Lodge, which is for adults, with separate sides for males and females; (2) Robins Roost, which is reserved for families, with built in bunks on two sides, so Friends choose a cluster of bunks and share two large bathrooms with hot showers [similar to Burlington Center]; and, (3) Pomona Lodge, which is reserved for the Teens [14 – 18 years old], with separate sides for males and females, and supervised by experienced *Friendly Adult Presences* (*FAPs*). All lodges have space for sleeping bags which could accommodate all campers if necessary. Many Friends bring their own memory foam or blow up mattresses and sleep comfortably on a bunk or on the floor. Campers need to bring sleeping bags, their own sheets, pillows and blankets.

WHAT TO BRING:

As temperatures at the end of September/ Early October range from mild to cold, all campers must be prepared to enjoy whatever the weather brings. We especially recommend that Friends who intend to sleep in the screened-in cabins bring cold rated sleeping bags and/or warm blankets, and warm sleeping clothes. Layers of clothing and rain gear are vital to being adaptable to the weekend temperatures. Personal items suggested include: Flashlights, extra batteries, pillows, sheets, towels, washcloths, soap, shampoo, toothbrush and paste, sunblock, sunglasses, bug repellant, hat, jacket/ coat, rain/ mud boots or shoes, hat, umbrella, extra socks and shoes, other personal hygiene/ grooming items, and medicine. Other items suggested include: Musical instruments, notebook, pens, art materials, books (especially *Rise Up Singing*), binoculars, and mats if doing yoga (although some will be supplied for Friends.) *Friends are especially encouraged to bring their artwork of any type to display or sell in the FQA Art Show*. [Friends who bring art to show or sell in the *FQA Art Show*, please complete a free *FQA Intent to Show Form* in advance of the weekend or at camp.]

DIRECTIONS:

Camp Address: YMCA Camp Ockanickon, 1303 Stokes Rd., Medford, NJ 08055

[Camp Ockanickon is about 7 miles South of the intersection of Rt. 70 & Rt. 54]

From Salem Quarter: Take Rt. 295 North to Rt. 70. Take 70 East to Rt. 541.

From Philadelphia: Take Rt. 70 East to Rt. 541

From Princeton: Take Rt. 295 South to Rt. 70 East

Traveling East on Rt. 70: Look for overhead sign that says "Main Street" and turn Right onto Rt. 541 South.

Traveling West on Rt. 70: Turn left onto Rt. 541 South.

Continue South on Rt. 541 through Medford and Medford Leas. Keep to the Right of the fork with the McDonald's, which becomes Stokes Rd. Look for entrance sign to Camp Ockanickon on the left after about 1 or 2 miles. Drive straight down the long dirt road until reaching the end at the Dining Hall on Right and park in the adjacent parking lot to left. Then, check in at the Dining Hall.

Tri-Q Gathering 2017 <> Workshop Descriptions

SATURDAY AM

1. <u>Empowerment</u>. <u>Special Guest</u>: Travis Wolfe, Transformational Speaker & Author [Teens → Adults]

Friends who attend and participate in this special workshop will be inspired to overcome and let go of life's negative experiences; and, thereupon, will become empowered to transform their energy into personal endeavors to make this world a much better place.

2. Imagination. George A. Crispin, Woodbury MM [Adults]

Einstein stated: *Imagination is more important than information*. In this creative workshop, Friends will discuss how active imagination is vital to making the world a better place. The lives of great thinkers across disciplines, as well as renowned artists, will be reviewed; then, specific ways to facilitate and utilize imagination will be shared.

3. Challenge Course - Part I: Low Events. Camp Staff [Middle School → Young Adults]

Trained Camp Staff will foster confidence, community spirit, and healthy living by leading participants through cooperative games and low challenge course events.

4. Kids Creating a Better World. C Crispin, L & C Hershey, P Dodgson, M Dougherty, T Mammel, & R Wilson

Children will be engaged in T-shirt dying, cooperative games, and interesting craft activities related to our theme of *Imagine* ... *All the People* \sim *Living Life in Peace*. [Children 1 – 12]

SATURDAY PM

A. One Family. Dietrich and Etain Preston, Woodbury MM [Teens → Adults]

Meaningful questions and inspirational quotes will provide the foundation for those who participate in this meaningful workshop which will focus on viable ways to create loving relationships between spouses and in families. Then, discussion will transpire related to our Tri-Quarter Theme, of *One Earth Community*, and the concept of "*It takes a Village to Raise a Child.*"

B. One Earth. ❖ Special Inter-Generational Workshop [Kids → Adults]

Kandy Lippincott, Carleton Crispin, Cindy Cox Crispin, Patience Dodgson, Liana & Crystal Hershey, Julia Carrigan, Mary Dougherty, Tim Mammel, Mike McConnell, Mimi Scalia, & Rocky Wilson

Kids of all ages will be led by <u>Teen</u>, <u>Young Adult</u> and <u>Adult Leaders</u> to engage in an imaginative variety of meaningful activities related to stewardship of our <u>Precious Planet Earth</u>. Interesting activities will include feeding Monarch butterflies, cooperative games, creative crafts, music, and interacting with nature.

C. Challenge Course — Part II: High Events. Camp Staff [Middle School → Adults]

Expanding on the morning's theme, trained *Camp Staff* will lead participants through of more advanced *High Course Events*, including the *Climbing Tower*, *Cat Walk*, *Muti-Vine*, and *Zipline*.

TRI-QUARTER GATHERING 2017

FIRST DAY SCHOOL <> SUNDAY MORNING

CHILDREN: Creating a Loving World. Cindy Cox Crispin, Carleton Cox Crispin, Mary Dougherty, Liana & Crystal Hershey, Tim Mammel, Mike McConnell, and Kelly Spina [2 → Teens]

Children will be engaged in cooperative games and creating personal scrapbooks – to reflect on – and remember – our *John Lennon, Imagine a Loving World*, themed weekend at Camp Ockanickon.

ADULTS: Imagination to Creation of a Better World. Leaders: TBA [Teens → Adults]

Drawing from the weekend workshops and activities centered on our theme, *Imagine a Loving World*, based on John Lennon's inspired song, the leaders will facilitate a discussion about *Maintaining our Inspired Spirits*, to empower all Friends to cherish their moments, and invoke their personal commitments to creating *One Family* and *One Earth*, where we all live together in a loving and healthy "real world."

FEE SCHEDULE

		Early Bird	Regular Rate	Late Rate	
		< July 16	< Aug. 24	> Aug. 24	
WEEKEND ATTENDERS					
ADULTS [18 \Rightarrow 108 years old]		\$ 185	\$ 200	\$ 215	
CHILDREN/ YOUTH:	0 - 2	\$ 0	\$ 0	\$ 0	
	3 - 5	\$ 110	\$ 125	\$ 140	
	6 - 12	\$ 130	\$ 145	\$ 160	
	13 - 17	\$ 155	\$ 170	\$ 185	
PART – TIME ATTENDERS:	Friday Only	\$ 35	[w/o meal, donation only]		
	Saturday Only	\$ 130	One overnight would be the total of two day rates.		
	Sunday Only	\$ 40	[w/o meals, donation only]		

Notes: Full Weekend Rate includes six healthy meals, two night accommodations, and all workshops and program activities.

Special Needs: For vegetarian or special diet needs, or housing needs, print on Reg Form and contact Cindy Cox Crispin.

First Time Attender Credit for Adults Attending the Full Weekend: \$20.00/ Adult.

Workshop/ Progam Leader Honorariums: Contact Cindy Cox Crispin via Email: CindyCoxCrispin@gmail.com

Scholarship Requests/ Questions: Contact ASAP → Cindy Cox Crispin, Program Coordinator, via email above.

Child Sponsorship Forms: Request Form from Cindy Cox Crispin via email address above; put "Tri-Q" in subject line

Tri-Quarter Gathering 2017 <> Registration Form

[PLEASE PRINT CLEARLY] Address			
Phone(s) HOME CELL	CIRCLE WORKSHOP	• MEETING/	
Email	AGE CHOICES		_Fees
Name #1	1234 L LABC		\$
Name #2	1234 [] A B C		\$
Name #3	1234 <u>[] A B C</u>		\$
Name #4	1234 []ABC		\$
Name #5	1 2 3 4		\$
Name #6	1234 []ABC		\$
*Note: Give names preferred for name tag.	<u>S</u> 1	UBTOTAL FEES\$ Credits: \$	
		Donation: _+_\$	
		AL FEES DUE: _\$	
Note: \$25 Deposit Holds Rate at Submis	ssion Date \underline{A}	mount Enclosed: _\$ CHECK #	
	AMOUN	T DUE AT CAMP: \$	

MAKE CHECK PAYABLE TO: Tri-Quarter Gathering of Friends

MAIL FORM & CHECK TO: Dietrich Preston, Tri-Q Registrar

250 S. Horace Street

Woodbury, NJ 08096